

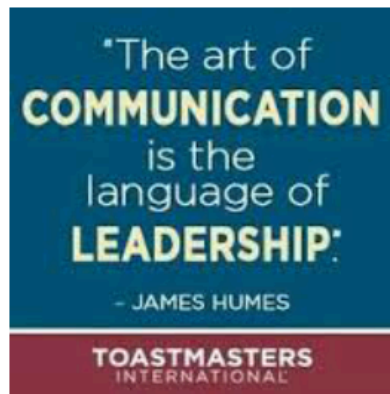
This is my last Thank you all for your many articles and photographs. This will be my last edition of G Whizz. I will be handing over the role to Rob Woolley, Avon Toastmasters. I look forward to reading about what is happening in G Division over the months ahead. Keep the articles coming. Rob's email address is rbwoolley@xtra.co.nz



Rob Woolley



Fiona Hodge



David Templeman



Celina Templeman

G Division is well represented in Leadership of District 72 this year. The new appointments are:

David Templeman - District Director

Celina Templeman - G Division Director

Nicola Green - Finance Manager

Rob Woolley - Public Relations Manager

Fiona Hodge - Administration Manager



Nicola Green



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Celebrating Success

Airwaves Toastmasters Club, based in the luxurious new building at Tait Electronics in Christchurch, celebrated its 10th Anniversary in April. David Jackson, a founding member delivered a presentation about the charter celebration in "the splendid surroundings of a regional boutique winery in West Melton". The Club had more than 35 members at its peak and is in the process of rebuilding with another founding member, Steve Brasch, recently rejoining Airwaves. We have held three Guest Meetings and have welcomed new members as a result.

David represented Airwaves in both the Evaluation and International speech contests at Area - coming third in the evaluation. The contests were organised by our member Gillian Perano who is the G6 Area Director. Gillian recently completed her Advanced Communicator Gold award after she facilitated Parliamentary Procedure in Action from



Photos are David Jackson (winner), Kia Yee (Chair), Linda Dowsett (Test Speaker), Mike Bunce (runner-up).



Congratulations to Gillian and David for their successes inside and outside the club and well done to all our members for our creative meetings and ongoing enthusiasm.



Christchurch Women's Club Toastmasters (CWC) held a hugely successful International Speech contest with six inspirational participants. That is a phenomenal number for such a small club. All six speeches were creative and highlighted that CWC is achieving its aim of Empowering Women to Succeed. Linda Dowsett was our double winner as she also represented CWC in the Evaluation contest at Area G7 where she won both contests against stiff competition.

Prior to each contest, Sheila Hailstone DTM, ran workshops. After the speech writing workshop each member had an outline for the International Speech. This imbued each of us with confidence and enthusiasm, while the evaluation workshop lifted the level of expertise in the club.



Carl Horn was recognised for 25 years of service to Toastmasters at the Blenheim Convention in November. Carl is a member of Madhatters in Nelson and is a PDDG for District 72. Carl is an active member, regularly competing in contests and mentoring new members.

Rotorua District Convention

Well done to the Rotorua Convention Team. A diverse weekend of value.



Congratulations to Helen Fitt who was placed 2nd in the Evaluation Contest.



Fiona Hodge was unplaced in the International Speech Contest

Convention photos will be available soon at:

http://www.toastmasters.org.nz/events/photo_gallery/index

The Queen talks about seaweed at Toastmasters

By Jun Lu and Jacquie Reed (Nelson, NZ)

The first time I heard about Toastmasters was when I talked to my sister-in-law in Brisbane, Australia. I have always admired her speaking skills; she spoke very well and I wanted to know her secret. It was during a visit to Brisbane that my sister-in-law told me that she regularly went to Toastmasters and had been going for many years. I visited her club and was impressed.

I have always wanted to speak the Queen's English with confidence so was motivated by her to join Toastmasters.

Back in New Zealand, in the Nelson Toastmaster's club, Adrian Humphries (an English Gentleman) promised that Toastmasters would help me speak the Queen's English. Wow!! Immediately, I joined the Nelson club thanks to the enthusiasm of the club's President, Adrian, and his attractive English accent. When I prepare my speeches, I always asks a friend or acquaintance to give feedback and test my skills. My latest speech was on the health benefits of eating seaweed. It was my persuasive speech project and being more persuasive was one of my personal goals to achieve at Toastmasters. I practiced the speech with my friend Jacquie. She enjoyed it so much that she came along to support me when I gave my talk. Jacquie was persuaded to join that night (and to start eating seaweed) so my personal goal was achieved - mission accomplished! Jacquie (who also speaks the Queen's English) really likes the Table Topics and her personal goal is to become effective at impromptu speaking.

The Nelson club is very welcoming, everyone knows each other well and it is a very supportive environment to learn and grow. It has a mix of nationalities including: Hungarian; Czechoslovakian; North American; Dutch; German; Pakistan; (Queen's) English; Chinese; Croatian and even a few kiwis. It is like the United Nations. Our members are between ages of 20 and 82. We even have a future Mayor of Nelson in our club! There are many different stories and experiences. We learn about different cultures, and there are a wide variety of topics and speeches. Every time we meet it is an education in itself. At break time during our meeting, we have homemade cookies and cakes on special occasions. Food for thought.



From Left:

Jun Lu and Jacquie Reed

ADDING VALUE TO OUR EVALUATIONS

Mark Baker, Northside Toastmasters

The role of an evaluator, be it for a manual speech, table topics, grammarian, timer or general evaluator, can be more than just providing feedback to the speaker. There is a golden opportunity for the evaluator to act as a...

Coach – providing feedback in the form of commendations and recommendations

Leader – providing feedback using our communication and leadership skills

Educator – built into the feedback for the benefit of the audience

The speaker, the evaluator and the audience can all benefit equally from the evaluation. Where the speaker benefits overwhelmingly and exclusively, is from the written evaluation.

Consider using the Judging Criteria for the Evaluation Contest as the template for all evaluations we give at Toastmasters...

ANALYTICAL QUALITY

Highlight the strengths and weaknesses – how did it make you and the audience feel?

Use descriptive, meaningful language – “Highly impactful” rather than “Really, really nice”

Rounded commendations with examples - “I loved the humorous story about the possum in the tent. What a great way to engage the audience. We were all totally involved in the storytelling.”

Avoid a series of meaningless statements “I liked the humour, because it was funny”

Avoid retelling the speech – we all just heard it!

TECHNIQUE

Be upbeat, encouraging and positive. Use our communication skills and BE HONEST

The evaluator is never the star of the show; there should be restraint and dignity

Address the audience and then the speaker by name and speech title

Deliver in the third person - “The speaker”, “Jan/Fraser” or “he/she”

Avoid looking at the speaker - deliver as if the speaker were out of the room

Consider using “I feel/felt” rather than “I think/believe”

ADDING VALUE TO OUR EVALUATIONS (cont'd)

RECOMMENDATIONS

Aim for at least one recommendation. Build up to 2 or 3 with experience, especially in contests

If necessary, consider consulting others for their opinions

Avoid belittling the recommendation – all are of value

Present rounded recommendations. Explain the area for improvement. Why is it important? How can it be improved?

SUMMATION

A summation is generally used only for a contest. Consider use in evaluations at our clubs.

Cue the summation with “In summary/overall, etc”

CRC to summarise your main points. If you have three recommendations, do not summarise only two!

Avoid adding new material

Finish with a final flourish aimed at the speaker

Depending on the evaluator's role, all can be used to some extent or another for all evaluation roles. Using this format will increase...

- The general standard of all evaluations, including the Evaluation Contest
- The benefit for the audience in the form of an educational
- The standard of Evaluation Contest contestants and judging

Mindset for Success by Rob Woolley (District 72 Trainer)

The meaning of success is different for each person. However, in Toastmasters, I have seen some common pitfalls on the road to individual success.

How many times do you hear "oh, I could never do that" or "I'm just no good at ... (table topics, public speaking, leadership opportunities)!" More often than not these comments are lies that we tell ourselves to avoid challenge and change. For example, I once attended a course for people who stutter; a participant stood to say his name, stuttered, and then fluently said "I always stutter in the morning." I challenged this statement and in the ensuing conversation he realised he stutters no more in the morning than at any other time. Much of his speech is actually fluent, the vast majority.

What is your self-talk? Is it positive and enabling or negative and disempowering? Whether it's said out loud or inside your head, you hear it. Said often enough it becomes the default thinking when opportunities arise. For example "would you like to speak next week?" "um, no, I'm not ready, next time..." Another opportunity to succeed and progress missed.

Succeed and progress, isn't that what Toastmasters is about? We succeed every time we stand up and speak in Toastmasters. Every commendation is a success and every recommendation is honing our skills. We need to make and take opportunities to succeed and progress and we do this with a positive mindset. Everyone needs to find their own mindset. Mine is "do not avoid," it has been for several years. How would that feel to you? It may feel scary but it's actually very easy and very simple, only the thought is scary, the practice is that you have certainty on your decision making every step of the way - certainty leads to action. Very quickly, saying yes became an easy habit, something to be proud of. For me, it stopped the myriad of negative thoughts and what-if scenarios that would flood and paralyse my brain. Now that I said yes, all I have to think about was.....how? How am I going to do this? Not can I do this?

Recently, I had the honour of being asked to MC my sister's wedding. Yes! However, when I arrived in Lower Hutt I morphed into Rob of the past. Having been born and raised in Lower Hutt, returning saw all my doubts raise their heads. In front of my family, I often revert to Rob the stutterer. Seeing faces I'd not seen for years brought back all the past recollections of stuttered conversations, weak body language, embarrassment, humiliation. All those positive images one needs to MC a wedding of a 110 people. The thought of asking my sister to find a replacement two days out surfaced. NO!, flooded my head. I felt almost sick at the thought. I suppressed to urge to wimp out. The day prior to the wedding I apprehensively arrived at the venue for reconnaissance. My sister was there stressing, I felt calm seeing this, really, YES! Somehow seeing someone else rattled allowed me to breathe. A switch flicked in my head and a few previously low watt light bulbs burst in to life.

- I am a Toastmaster.
- I have given many speeches.
- I've won some contests.
- I'm District Trainer for crying out loud!

Mindset for Success (cont'd)

Rob the Toastmaster was back! As I entered the building Rob the stutterer passed in the opposite direction. The next 24 hours I was in control of not only a wedding but my thoughts again.

Next time you hear your inner voices having negative conversations tell them to BE QUIET. Drown them out with positive reinforcement and create for yourself a mindset that means something to you, no one else, YOU! it could be

- do not avoid,
- no opportunity wasted,
- no one died doing this

It could change your life, not only your Toastmaster life. All the successes will come and progress will be rapid and should you relapse, should you fall over, the confidence gained, the memories locked in, the truth of what you've done to date will help lift you up. Good luck in all you do this year in Toastmasters,

Our Division G Team

Well done to those who have stepped up to take on a leadership role. I am sure that the personal growth you will all experience will be phenomenal.

There are still 4 Area Directors roles to be filled. Please contact Celina Templeman if you are interested in taking on the growth opportunity. Celina Templeman 03 329 9661 027 8792169 celinatempleman@slingshot.co.nz

Area	Area Director	Mobile	Email Address
G1	Mike Reid		mike.reid@canterbury.ac.nz
G2	yet to be filled		
G3	yet to be filled		
G4	yet to be filled		
G5	Doug Hilliard	021 630 290	douglas68@vodafone.co.nz
G6	Ross Beaumont	021 743 814	ross@devonthepark.co.nz
G7	Rachel Walton	027 374 1066	rachelwalton08@gmail.com
G8	Barry Hayes	027 955 7996	barryleehayes@gmail.com
G9	yet to be filled		